

6th International Scientific Conference
“EXERCISE AND QUALITY OF LIFE - EQOL 2024”
“THE GLOBAL IMPACT OF SPORT SCIENCE”

Novi Sad, Serbia, 11–13 April 2024

Reflecting on the valuable insights and discussions that emerged during the 6th International Scientific Conference entitled “Exercise and Quality of Life - EQOL 2024”, we would like to provide some key information about this year’s conference. The attendance of 392 registered participants from 47 countries, who presented a total of 184 papers over three days, showed an organizational record in all respects. It certainly reflects a progression from previous years and highlights the need for scientific events such as conferences and congresses to take place in-person. A significant scientific contribution was made by the diverse group of planned and invited lectures, which presented the latest developments and touched upon new problems observed in the field of kinesiology and sports science. More details about the conference can be found at: <https://eqol.rs/>.

The use of information technology, its advantages and its dangers, is undoubtedly becoming increasingly important and is likely to remain a genuine research paradigm in the future. The applications of IT in sport, preventive measures and health interventions still require scientific reflection and a forward-looking perspective, emphasizing the significance of the basic science of kinesiology.

The Institute for Kinesiology Research at ZRS Koper participated as a partner in organizing the conference this year and played an important role by presenting eight scientific papers and a keynote lecture by one of its researcher. Organizing such a diverse and dynamic event was challenging yet rewarding for everyone involved. The scientific novelties presented were significant, and the connections established during the conference represent a significant added value in the fostering of new international institutional collaborations.

Therefore, special thanks goes to the dedicated team of organizers and the students of the Faculty of Sports and Physical Education, who were a key force in ensuring the success of the conference. We hope to have the opportunity to collaborate again at the next EQOL in 2027.

Saša Pišot



6. mednarodna znanstvena konferenca VADBA IN KAKOVOST ŽIVLJENJA – EQOL 2024 GLOBALNI VPLIV ŠPORTNE ZNANOSTI

Novi Sad, Srbija, 11.–13. april 2024

Ob razmisleku o novostih in plodnih razpravah med 6. mednarodno znanstveno konferenco Vadba in kakovost življenja – EQOL 2024 navajamo nekaj ključnih informacij. Sodelovalo je 392 registriranih udeležencev iz 47 držav, ki so v treh dneh konference predstavili skupno 184 prispevkov, kar v vseh pogledih potrjuje uspeh organizatorjev. To gotovo izraža napredek v primerjavi s preteklimi leti in poudarja potrebo po znanstvenih dogodkih, kot so konference in kongresi v živo. Pomemben znanstveni prispevek je bil dosežen z raznovrstno skupino plenarnih in uvodnih predavanj, v katerih so predavatelji predstavili najnovejši razvoj ter obravnavali nove probleme, opažene na področju kineziologije in športne znanosti. Več podrobnosti o konferenci najdete na povezavi <https://eqol.rs/>.

Uporaba informacijske tehnologije, njene prednosti in opozarjanje na nevarnosti nedvomno postajajo vse pomembnejši in bodo verjetno ostali pomembna raziskovalna paradigma v prihodnosti. Aplikacije IT, namenjene vrhunskemu in rekreacijskemu športu, preventivi in intervenciji, gotovo zahtevajo znanstveni razmislek in usmerjen pogled naprej, kar poudarja pomen temeljne znanosti o kineziologiji.

Inštitut za kineziološke raziskave pri ZRS Koper je letos sodeloval kot partner pri organizaciji konference in imel pomembno vlogo s predstavitvijo osmih znanstvenih prispevkov in plenarnim predavanjem. Organizacija tako vsebinsko raznovrstnega in dinamičnega dogodka je bila zahtevna, hkrati pa nagrajujoča za vse vključene. Predstavljene so bile pomembne znanstvene novosti, nova poznanstva, vzpostavljena med konferenco, pa so velika dodana vrednost za spodbujanje novih mednarodnih institucionalnih sodelovanj.

Za ta uspešno izvedeni dogodek gre posebna zahvala predani ekipi organizatorjev in študentom Fakultete za šport in telesno vzgojo iz Novega Sada, ki so pomembno pripomogli k uspešni izvedbi konference. Upamo, da bomo imeli priložnost ponovno sodelovati na naslednji konferenci EQOL leta 2027.

Saša Pišot

