

CONFERENCE REPORT – THE 28th ANNUAL CONGRESS OF THE EUROPEAN COLLEGE OF SPORT SCIENCE

Paris, France, 4–7 July 2023

The French Institute of Sport (INSEP) hosted the 28th Annual Congress of the European College of Sport Science in Paris, France in the Palais des Congrès congress venue. The theme of “Explore, enlighten, perform” guided the four-day congress featuring three plenary symposia offering six presentations and slots of invited sessions, exchange symposia, oral presentations and print posters. There was also an undebated section of e-posters. The diversity of topics covered provided a well-rounded perspective on the current state of sports science. Among the participants, colleagues from the Institute of Kinesiology Research of ZRS Koper presented their work: Miloš Kalc (*The reduction in h-reflex after short maximal isometric contractions is mediated by presynaptic inhibition mechanisms*), Manca Peskar (*Neurophysiological correlates of cognitive – motor dual – tasking in early Parkinsons disease during a balance*



task) and Katarina Puš (*The relevance of tensiomyography-derived skeletal muscle contractile properties in sarcopenic and non-sarcopenic participants*). Uroš Marušič attended the conference as a scientific committee member of the ECSS. In conclusion, the congress provided an invaluable platform for scientific discourse, fostering collaboration and contributing to the advancement of knowledge in the intricate realm of sports science.

The 29th Annual Congress of the European College of Sport Science will be hosted by the University of the West of Scotland in Glasgow, and the theme of the congress will be “Enhancing Health, Performance and Community Sport”.

Katarina Puš

POROČILO O KONFERENCI – 28. LETNI KONGRES EVROPSKEGA ZDRUŽENJA ŠPORTNIH ZNANOSTI

Pariz, Francija, 4.–7. julij 2023

Francoski inštitut za šport (INSEP) je 28. letni kongres Evropskega združenja športnih znanosti gostil v francoski prestolnici, natančneje v kongresnem centru Palais des Congres. Slogan letošnjega kongresa »Razišči, osvetli, izvedi« je vodil štiridnevni kongres, na katerem so potekali trije plenarni simpoziji s šestimi predavanji in številna vabljenata predavanja, ustne predstavitve in predstavitve posterjev, objavljeni pa so bili tudi e-posterji. Raznolikost predstavljenih tem je omogočila celosten vpogled v trenutno stanje športne znanosti z več področij.

Med sodelujočimi so bili tudi sodelavci Inštituta za kineziološke raziskave ZRS Koper, ki so predstavili svoje delo: Miloš Kalc (*The reduction in h-reflex after short maximal isometric contractions is mediated by presynaptic inhibition mechanisms*), Manca Peskar (*Neurophysiological correlates of cognitive – motor dual – tasking in early Parkinsons disease during a balance task*) in Katarina Puš (*The relevance of tensiomyography-derived skeletal muscle contractile properties in sarcopenic and non-sarcopenic participants*). Kongresa se je kot član znanstvenega odbora udeležil tudi Uroš Marušič.

Kongres je zagotovil neprecenljivo platformo za znanstvene diskusije, spodbudil mednarodno sodelovanje in prispeval k napredku znanja na področju športne znanosti.

29. letni kongres Evropskega združenja športnih znanosti bo gostila univerza zahodne Škotske v Glasgowu, naslov kongresa pa bo »Krepitev zdravja, zmogljivosti in skupnostnega športa«.

Katarina Puš