

11th INTERNATIONAL SCIENTIFIC AND PROFESSIONAL CONFERENCE “A CHILD IN MOTION”

Portorož, Slovenia, 4–6 October 2021

In the two years that had passed since our previous conference, we overcame a period of lockdowns when it was at times difficult to follow and adapt to all the new rules of work and communication, but despite the new “reality,” science and practice met at the 11th International Scientific and Professional Conference “A Child in Motion.” This time the working title of the conference, “The lockdown aftermath,” suggested what we had experienced missed and learned during this period. We analyzed topics engendered by this situation in scientific and professional language, again enjoying the hospitality of the Grand Hotel Bernardin and the towns of Portorož and Piran.

The two-day program offered 3 plenary lectures and 11 keynote speakers who presented current research from the educational, paediatric, kinesiology, physiological,



socio-psychological, and nutritional fields on the impact of the COVID-19 pandemic on children. Prominent speakers highlighted current evidence on child well-being in the aftermath of the pandemic.

The “Book of Proceedings” contains 35 scientific and 121 professional papers by more than 200 authors and co-authors from over a dozen European countries. The papers present current research findings as well as examples of best practices by teachers and educators in addressing the challenges of physical inactivity, eating habits, social contact, and more, that had arisen as a result of the pandemic and consequent home schooling. The success of this conference would not have been possible without all of our partner organizations and our sponsors. We are proud to have the patronage of the Human Rights Ombudsman of the Republic of Slovenia, Mr. Peter Svetina included among them.

The positive feedback from participants confirms that the added value of on-site conferences is not only the in vivo presentations, but also the excellent opportunity to network, share best practices, and meet new people during the coffee breaks and social events.

Saša Pišot and Kaja Teraž



11. MEDNARODNA ZNANSTVENA IN STROKOVNA KONFERENCA OTROK V GIBANJU

Portorož, Slovenija, 4.–6. oktober 2021

V dveh letih, ki so minila od naše zadnje konference, v času restriktivnih ukrepov, ki jim je bilo včasih težko slediti, še težje pa novim pravilom prilagajati delo in sporazumevanje, nam je uspelo, da se ponovno srečamo na 11. mednarodni znanstveni in strokovni konferenci Otrok v gibanju 2021 in uživamo gostoljubje Grand Hotela Bernardin ter obalnih mest Portorož in Piran. Tokratni delovni naslov konference Premagajmo posledice ukrepov omejitve gibanja je izražal, analiziral in nagovarjal teme tega časa, v znanstvenem in strokovnem jeziku.



Dvodnevni program je ponudil tri plenarna in 11 uvodnih predavanj, v katerih so predavatelji predstavili aktualna dognanja, povezana s posledicami pandemije covid-19 na otroke.

Zbornik prispevkov vsebuje 35 znanstvenih in 121 strokovnih prispevkov več kot 200 avtorjev in soavtorjev iz ducata evropskih držav. V prispevkih so predstavljene aktualne ugotovitve raziskav in primeri dobre prakse učiteljev, vzgojiteljev, pediatrov, kineziologov, dietetikov, fiziologov, psihologov, sociologov itd. pri reševanju izzivov na področju telesne (ne)aktivnosti, prehranjevalnih navad, socialnih stikov in drugega, ki so se pojavili kot posledica pandemije in šolanja na domu. Uspeh te konference ne bi bil mogoč brez vseh naših partnerskih organizacij in sponzorjev. V posebno čast pa si štejejo tudi tokratno častno pokroviteljstvo varuha človekovih pravic Republike Slovenije Petra Svetine.

Pozitivni odzivi udeležencev konference potrjujejo, da dodana vrednost konferenc »v živo« niso le predavanja, temveč da so te tudi odlična priložnost za mreženje, izmenjavo dobrih praks in spoznavanje novih ljudi med odmori za kavo in družabnimi dogodki.

Saša Pišot in Kaja Teraž