

MEDITERRANEAN HEALTH CENTRE

Institute for Kinesiology Research of the Science and Research Centre Koper
Arena Bonifika, Koper, Slovenia; December 13th, 2017

On December 13th, 2017, Institute for Kinesiology Research of the Science and Research Centre Koper held an opening ceremony of its new Mediterranean Health Centre. The Centre was established with a strong support of the Municipality of Koper and will significantly add to the development of sports activities locally as well as in the wider region. With the cooperation of the team of experts from the nearby Izola General Hospital, the main purpose of the Centre is to give support in rehabilitation after sports injuries.



A solemn opening ceremony was introduced with a speech held by the Head of the Institute for Kinesiology Research of the ZRS Koper, Assoc. Prof. Boštjan Šimunič, Ph.D., who summarized the past achievements of the Institute. Prof. Rado Pišot, Ph.D., Director of ZRS Koper, further explained the planned purposes of the new Mediterranean Health Centre premises. He pointed out the Center's general support of active healthy living and of the widely acknowledged Mediterranean lifestyle. Its main focus is going to be on functional diagnostics, development and planning of modern and holistic exercise programs, rehabilitation programs designed to the specific individual needs, thus, providing safe and quick return of active sportsmen and women to their activities and designing healthy ergonomic working conditions.

The Municipality of Koper has been a strong supporter of the Centre since the beginning. As the Mayor, Mr. Boris Popovič put it, it represents an important step towards the realization of a long-time ambition of the Municipality of Koper to become an important destination of sports tourism. The support given to the opening of the Medi-



terranean Health Centre was also expressed by the President of the Slovenian Olympic Committee Mr. Bogdan Gabrovec, and the Head of the Institute of Sports Medicine of the Faculty of Medicine of the University of Maribor, Assoc. Prof. Matjaž Vogrin, M.D., Ph.D.

With this even, the Institute for Kinesiology Research of the ZRS Koper rounded up the year 2017 that can be marked as a successful one. It was the year in which the Institute obtained two important and worldwide acknowledged accreditations, namely a FIFA Medical Centre of Excellence (in collaboration with the Institute of Sports Medicine of the Faculty of Medicine of the University of Maribor, the Brdo National Football Centre and Maribor University Medical Centre) and an Olympic Sports Medicine Centre (in collaboration with Izola General Hospital), the latter providing sportsmen with fast and efficient injury diagnostics and first aid.

The Centre opening earned special acknowledgement by the President of UEFA, Mr. Aleksander Čeferin, who sent his congratulations to the entire team of the Institute for Kinesiology Research of the ZRS Koper.

Matej Kleva

MEDITERANSKI CENTER ZDRAVJA

Inštitut za kineziološke raziskave, Znanstveno-raziskovalno središče Koper
Arena Bonifika, Koper, 13. December 2017

V koprski Areni Bonifika je 13. decembra 2017 Inštitut za kineziološke raziskave Znanstveno-raziskovalnega središča Koper (ZRS) slovesno odprl prostore Mediteranskega centra zdravja. Center, ki je zaživel ob podpori Mestne občine Koper, bo pomembno prispeval k razvoju športa v lokalnem okolju in širše, v prvi vrsti pa bo ob sodelovanju strokovnjakov Splošne bolnišnice Izola (SBI) namenjen rehabilitaciji posameznikov po športnih poškodbah.



Svečana otvoritev se je pričela z uvodnim pozdravom predstojnika Inštituta za kineziološke raziskave, ZRS Koper, dr. Boštjana Šimuniča, ki je povzel vse dosedanje dosežke Inštituta, ki ga vodi. Direktor ZRS Koper, prof. Rado Pišot, je v nadaljevanju pojasnil, da bodo novi prostori Mediteranskega centra zdravja namenjeni vsesplošni podpori zdravju, ki bo slonela na mediteranskem življenjskem slogu s svetovno priznanim znakom odličnosti. Aktivnosti centra bodo osredotočene na funkcionalno diagnostiko, razvoj in načrtovanje sodobnih in celostnih programov vadbe in rehabilitacije po meri posameznikov, z zagotavljanjem varnega vračanja po poškodbah pa tudi načrtovanju zdravega delovnega okolja.

Odprtje centra je omogočila Mestna občina Koper, saj sodeč po besedah župana, gospoda Borisa Popoviča, Mediteranski center zdravja predstavlja pomemben korak k uresničitvi dolgoletnih prizadevanj občine, da bi Koper postal tudi športno-turistični center. Podporo odprtju Mediteranskega centra zdravja sta izrazila tudi predsednik Olimpijskega komiteja Slovenije, gospod Bogdan Gabrovec in predstojnik Inštituta za športno medicino Medicinske fakultete Univerze v Mariboru, dr. Matjaž Vogrin.



Inštitut za kineziološke raziskave ZRS Koper, je s tem dogodkom zaključil uspešno leto 2017, v katerem je pridobil dve pomembni mednarodni akreditaciji – FIFA medicinski center odličnosti (v sodelovanju z Inštitutom za športno medicino Medicinske fakultete v Mariboru, Centrom NZS Brdo in UKC Maribor) in Olimpijski referenčni športno-medicinski center (v sodelovanju s Splošno bolnišnico Izola), v katerem bodo športniki po diagnostiki dobili hitro pomoč. Obe akreditaciji sta svoj sedež dobili v Mediteranskem centru zdravja. Hkrati se s tem imenovanjem zaokrožuje slovenska mreža referenčnih medicinskih centrov.

Ob odprtju Mediteranskega centra zdravja je čestitke Inštitutu za kineziološke raziskave ZRS Koper poslal tudi predsednik UEFA, gospod Aleksander Čeferin.

Matej Kleva