

## **4<sup>th</sup> INTERNATIONAL SCIENTIFIC CONFERENCE ON »EXERCISE AND QUALITY OF LIFE«**

Novi Sad, Serbia, 22<sup>nd</sup> to 23<sup>rd</sup> April, 2016.

Faculty of Sport and Physical education, University of Novi Sad (Serbia), organized the 4th International Scientific Conference on EXERCISE AND QUALITY OF LIFE, which was held from 22<sup>nd</sup> to 23<sup>rd</sup> of April, 2016. The aim of the Conference was to promote and enhance communication across sub-disciplines of sports sciences, which largely contributes to the understanding of the impact of physical activity on the quality of life. This year, more than one hundred fifty scientist and researchers from fifteen countries presented their work from the fields of physical education, recreation, sport, health, sports psychology, pedagogy and sociology. The abstracts they submitted were published on the EQOL 2016 Abstracts CD-ROM.

The scientific programme included plenary sessions led by eminent international experts: Sandra Mandić (University of Ontago, New Zeland) and Tuija Tammelin (LIKES- Research centre for Sport and Health Sciences in Jyväskylä, Finland) who presented the organisational aspect of the research and the promotion of physical activity from the scope of multi-sectoral approach; Roger Harris (UK), Sergej Ostojić (University of Novi Sad, Serbia) and Daniela Caporossi (University of Rome "Foro Italico", Italy) exposed new evidences in the field of biochemical processes which come to effect during training and physical performance; while Rado Pišot (Institute of Kinesiology Research, University of Primorska, Koper, Slovenia) addressed his lecture to the role of kinesiology in the contemporary society.

Furthermore, it should be pointed out, that the 2016 edition of EQOL was also attended by eight members of Institute of Kinesiology Research, University of Primorska, who actively participated with the presentations of their scientific work. We can honestly say that our regular attendance in EQOL has become a tradition which reflects good cooperation between our Institute and Faculty of Sport and Physical education in Novi Sad.

Armin Paravlič

#### **4. MEDNARODNA ZNANSTVENA KONFERENCA »EXERCISE AND QUALITY OF LIFE«**

Novi Sad, Srbija, 22.–23. april 2016

Fakulteta za šport in športno vzgojo Univerze v Novem Sadu (Srbija) je v času od 22. do 23. aprila 2016 organizirala že 4. mednarodno konferenco z naslovom EXERCISE AND QUALITY OF LIFE. Tokratna tema konference je bila promocija povezovanja med posameznimi poddisciplinami športnih znanosti, kar znatno pripomore k razumevanju pomena gibalne/športne aktivnosti za kakovost življenja. Več kot 150 znanstvenikov in raziskovalcev iz 15 držav je predstavilo svoja dela s področij športa, športne vzgoje, rekreacije, zdravja, športne psihologije, pedagogike in sociologije. Prispevki so bili kot zbirka povzetkov EQOL 2016 izdani v CD obliki.

V plenarnem delu prvega in drugega dne konference so svoje poglede na izbrane teme tudi tokrat predstavili nekateri eminentni gostje. Profesorici Sandra Mandić (Univerza v Ontagu, Nova Zelandija) in Tuija Tammelin (LIKES - Raziskovalni center za šport in vede o zdravju, Jyväskylä, Finska) sta predstavili organizacijski vidik raziskovanja in promocije gibalne/športne aktivnosti z uporabo večsektorskega pristopa na primerih tako odrasle populacije kot tudi šolskih otrok; profesorji Roger Harris (Velika Britanija), Sergej Ostojić (Univerza v Novem Sadu) in Daniela Caporossi (Univerza »Foro Italico« v Rimu) pa so izpostavili nova dognanja na področju biokemičnih procesov med vadbo in gibalno aktivnostjo, medtem ko je Rado Pišot (Inštitut za kineziološke raziskave, Univerza na Primorskem, Koper) poudaril vlogo kineziologije v sodobni družbi.

4. konference EQOL v Novem Sadu se je udeležilo kar osem raziskovalcev iz Inštituta za kineziološke raziskave Univerze na Primorskem, ki so predstavili svoje raziskovalno delo. Številna udeležba predstavnikov Inštituta za kineziološke raziskave je že tradicionalna, kar je le še en odraz dobrega sodelovanja med našim Inštitutom in Fakulteto za šport in športno vzgojo iz Novega Sada.

Armin Paravlič