

## EDITORIAL

The first issue of the journal *Annales Kinesologiae*, year 6, proves that the orientation of the journal towards studying and widening of the field of kinesiology with the aim to achieve a better life quality has been the right decision and that the challenges of modern society even more intensively encourage us to address this topical issue. The problems addressed by the scientific articles herewith are interesting indicators of the professional growth of all the professionals involved in the research of exercise and training, preventive or developmental incentives of kinesiology programs and the contents of organized and unorganized physical / sports training. A wider perspective of the current problems in modern kinesiology is brought to the reader through the reviews of scientific literature and the reports from international conferences.

In order to make the journal even more easily accessible to the interested professionals and the widest range of readers, while facilitating the review process, the Editorial Board decided to apply an open-source software for the management of peer-reviewed academic journals »Open Journal Systems« (OJS). OJS not only facilitates the work of all the members of the Editorial Board, improves their communication with authors on the one hand, and the reviewers and external collaborators on the other, but it also significantly improves the transparency of the work. By adopting the OJS editorial platform we are also upgrading the »usefulness« of the published articles by adding URL addresses with links to the Internet accessible articles, chapters or monographs from the lists of references. Finally, the OJS software is compatible with the OpenAIRE instructions and allows direct export of metadata on articles which is required for the envisaged integration of the journal in the Directory of Open Access Journals (DOAJ), which is in line with the »National Strategy of Open Access to Scientific Publications and Research Data in Slovenia 2015 – 2020« by the Ministry of Education, Science and Sport. We also believe that all these efforts will be largely compensated by an overall increase in recognisability both on the national as well as international level. In 2015, the Editorial Board (both the Select Board and the Wider Board) and the Board of Reviewers were expanded to 58 members, which will certainly, in its own way, contribute to the journal's wider availability.

Prof. Rado Pišot, Ph.D.,  
Editor-in-Chief and Managing Editor

## UVODNIK

Tudi vsebina prve številke 6. letnika Annales Kinesiologiae dokazuje, da je bila usmeritev revije v proučevanje in poglobljanje področja kineziologije s ciljem doseganja boljše kakovosti življenja prava odločitev in jo izzivi sodobne družbe še bolj intenzivno vzpodbujajo k obravnavi perečih tem. Problemi, ki jih obravnavajo pričujoči znanstveni članki, so zanimivi spremljevalci strokovne rasti vseh vključenih v obravnavo vadbe in treninga, preventivnih oz. razvojnih spodbud kinezioloških programov ter vsebin organizirane in neorganizirane gibalne/športne vadbe. Z recenzijo strokovne literature in s poročili z mednarodnih konferenc pa lahko bralec dobi širši pogled na aktualne probleme sodobne kineziološke znanosti.

Da bi zainteresirani strokovni javnosti in najširšemu krogu uporabnikov revije Annales Kinesiologiae omogočili še lažjo dosegljivost, hkrati pa olajšali upravljanje z recenzentskimi postopki, smo se v uredniškem odboru odločili, da pristopimo k uporabi odprtokodne programske opreme za izdajanje revij »Open Journal Systems« (OJS). OJS ne le da olajša delo vseh članov uredniškega odbora, izboljšuje njihovo komunikacijo z avtorji na eni strani ter recenzenti in drugimi zunanjimi sodelavci na drugi, ampak tudi bistveno izboljša preglednost dela. S prehodom na uredniško platformo OJS nadgrajujemo tudi »uporabnost« objavljenih člankov z dodajanjem URL-naslovov do spletno dostopnih člankov, poglavij ali monografij s seznamov referenc. Nenazadnje pa je programska oprema OJS kompatibilna z navodili OpenAIRE in omogoča neposreden izvoz metapodatkov o člankih za potrebe predvidenega vključevanja revije v Directory of Open Access Journals (DOAJ), kar je v skladu z »Nacionalno strategijo odprtega dostopa do znanstvenih objav in raziskovalnih podatkov v Sloveniji 2015–2020« MIZŠ. Prepričani pa smo tudi, da bodo napor v veliki meri poplačani s splošnim povečanjem prepoznavnosti tako v nacionalnem kot mednarodnem merilu. V letu 2015 smo z 58 člani dopolnili (ožji in širši) uredniški in recenzentski odbor revije, kar bo gotovo na svojstven način prispevalo tudi k njeni širši dostopnosti.

prof. dr. Rado Pišot,  
glavni in odgovorni urednik